

# San José *Prepared!*

City of San José

## Severe Acute Respiratory Syndrome Fact Sheet

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### What's Inside

SARS	1
Your Info	2
Schedules	3
Fire Season	4

SARS is the name used to describe a recent respiratory illness seen mostly in several countries in Asia as well as in some travelers coming back from those areas. The cause of the outbreak is unknown and under investigation by the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO). It is most likely a virus.

To date, all suspect cases of SARS in the United States have traveled to countries with SARS cases or have been in close contact with persons (e. g., family members or healthcare workers) who are sick and have traveled to countries with SARS cases. **Spread of SARS has not been reported at schools or other public places in the United States. There is no need to keep children from attending school or adults from attending work if they are not sick.**

People who have SARS have all of the following:

- **Travel to Hong Kong; People's Republic of China; Hanoi, Vietnam; or Singapore ten days before getting sick or having family members who have traveled to those places and are sick;**

**AND**

- Fever >100.4° F

**AND**

- Cough, shortness of breath, difficulty breathing or changes on chest x-ray

Exactly how SARS spreads is not known. It is probably spread by close personal contact. When someone is sick with SARS they may spread the illness by coughing or sneezing. It is also possible that SARS may be spread on objects that sick persons have handled. **SARS can only be spread by someone that is sick with the disease. Persons who are not sick but have been exposed or traveled to the areas above can probably not spread SARS.**

People usually get sick 2-7 days after being exposed but it may take as long as 10 days. Illness usually begins with a fever (temperature greater than 100.4° F), chills, headache and body aches, followed by the respiratory symptoms.

If you have traveled to Hong Kong; People's Republic of China; Hanoi, Vietnam; or Singapore and have a fever and a cough, call your doctor. If you have other questions, you can call the Public Health Information Line at (408) 885-3980.

## Do you Know Where Your Emergency Information Is? ...

During a disaster you may need to evacuate your home rapidly. You will want to have some important legal documents with you and others in a safe place. Take steps now to ensure that you safeguard your legal documents and have appropriate access to them for disaster recovery!

**Open a bank safe deposit box, or buy a fireproof safe** for essential, irreplaceable, original documents. These include:

- Family birth certificates, marriage certificates, and divorce papers
- Citizenship papers
- Military records and discharge papers, copies of the face of military ID cards
- Copies of insurance policies with agent contact information
- A list of bank accounts and credit cards with numbers and addresses
- Accountant's copy of your income tax filings for 7 years
- Securities, US Savings Bonds, certificates of deposit, etc.
- Original Social Security Cards for all family members
- Titles and deeds for property and vehicles as well as copies of the registrations

**Make a GoKit Document Cache** to keep in your family emergency kit. Organize these records in a 1" ring binder with page protectors, or in a waterproof container. You can use a 14" piece of 3" PVC pipe and two end caps. Use adhesive to attach one end cap permanently, and use a threaded cap for the other end. Fill the book or tube with the following documents/copies and update it each spring and fall.

- Copies of birth certificates, marriage certificates, divorce papers, and wills
- Emergency contact information for all family members: work address and phone, school address and phone, day care/after school care address and phone
- Out of area contact person's name, address and phone number
- Copies of immigration and citizenship papers and original passports.
- Military papers and ID cards to prove Veterans Benefits eligibility
- Copies of medical information for each family member: physicians names and numbers, prescription drug names and dosages, pharmacy name and number
- Copies of insurance policies with 24 hour contact information for each policy
- Copies of the tax bill, mortgage papers or property deed to prove home ownership, or lease copy to show eligibility for alternate shelter
- Copies of 2 utility bills less than 1 year old or copy of lease to prove residency
- Copies of the credit card list and emergency numbers to report lost cards
- Copies of all family drivers licenses and auto registrations
- Copies of all Social Security Cards
- One pad of checks and one credit card for an account that you seldom use. Use for emergency expenses: food, alternate lodging, replacement clothing
- \$50 in small bills and \$10 in quarters
- Copies of funeral arrangements in place or last wishes for adults.

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*... a GoKit document cache to keep in your family emergency kit.*

## San Jose ***Prepared!*** Summer Schedule

**We have added weekday classes – check it out!**

This series will be held at the National Institute of Technology.

June 16, 2003	Monday morning	Module 1	9:00 to 1:00
June 17, 2003	Tuesday morning	Module 2	9:00 to 1:00
June 18, 2003	Wednesday morning	Module 3	<b>9:00 to 1:30</b>
June 19, 2003	Thursday morning	Module 4	9:00 to 1:00
June 20, 2003	Friday morning	Module 5 & Graduation	9:00 to 1:00

National Institute of  
Technology is located at  
235 Charcot Drive, at the  
corner of Zanker.

This series will be held at the Villages.

July 8, 2003	Tuesday morning	Module 1	9:00 to 1:00
July 15, 2003	Tuesday morning	Module 2	9:00 to 1:00
July 22, 2003	Tuesday morning	Module 3	<b>9:00 to 1:30</b>
July 29, 2003	Tuesday morning	Module 4	9:00 to 1:00
August 5, 2003	Tuesday morning	Module 5 & Graduation	9:00 to 1:00

The Villages is located on  
The Villages Parkway, off  
San Felipe Road about a mile  
south of Evergreen College.

These classes will be held in the EOC and the Fire Training Center.

July 12, 2003	Saturday morning	Module 1	8:30 to 12:30
July 19, 2003	Saturday morning	Module 2	8:30 to 12:30
August 9, 2003	Saturday morning	Module 3	<b>8:00 to 12:30</b>
August 16, 2003	Saturday morning	Module 4	8:30 to 12:30
August 18, 2003	Monday evening	Module 5 & Graduation	7:00 p. m.

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*We have weekday  
classes plus a module 1  
given in both English and  
Spanish..*

The module 1 class will be given in both Spanish and English.

Sept. 20, 2003	Saturday morning	Module 1	8:30 to 12:30
Sept. 27, 2003	Saturday morning	Module 2	8:30 to 12:30
Oct. 4, 2003	Saturday morning	Module 3	<b>8:00 to 12:30</b>
Oct. 18, 2003	Saturday morning	Module 4	8:30 to 12:30
Oct. 20, 2003	Monday evening	Module 5 & Graduation	7:00 p. m.

Register on our Web site:

[www.ci.san-jose.ca.us/oes/sanjoseprepared/](http://www.ci.san-jose.ca.us/oes/sanjoseprepared/)

or contact:

Earl LeRoy Stevens, DDS, San Jose **PREPARED!** Coordinator  
phone 408-277-4598 fax 408-277-3345

e-mail: [sjprepared@ci.sj.ca.us](mailto:sjprepared@ci.sj.ca.us)

## City of San José

Office of  
Emergency  
Services

855 North San  
Pedro Street #404  
San Jose, CA  
95110-1718

PHONE: 277-4595

FAX: 277-3345

### We're on the Web!

See us at:

[SJPrepared@ci.sj.ca.us](mailto:SJPrepared@ci.sj.ca.us)

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## August 5 is National Night Out!

Invite your neighbors to turn on their porch lights and come outside for a neighborhood block party or other 'get-together'. This is a great chance to promote emergency preparedness and San Jose **Prepared!** If you need handout materials, leave a message for Earl at 277-4598. Be sure to include your name, mailing address, and contact information. If you would like more information on the National Night Out, check their web site at [nationaltownwatch.org/nno](http://nationaltownwatch.org/nno).

## Wildfire Season is coming!

We are just about to begin the wildfire season. Although most wildfires are started by natural causes, a significant number start because of human carelessness. Most of us in San Jose Prepared! don't live in forested wilderness, but we all live near what is called the urban interface, the area where the woods meet suburbia.

You can see the urban interface all around us here in San Jose and we have small fires in it regularly. Sometimes the fires are not so small: about two years ago we had a fire above the area of Capitol and Berryessa which destroyed one home and damaged another.

If you live in or near a wooded area, remember to trim the brush around your house, including over hanging trees. California law requires a 30-foot cleared space around your home if you live in a wooded area, and if it is a real pine forest, that distance goes up to 100 feet. This doesn't mean that you have to clear it down to bare dirt, but be sure there is as little burnable material as possible. Trim overhanging trees so that they clear the ground by at least fifteen feet and remove any dead branches that extend over your roof.

If you would like a copy of the "Wildfire:Are You Prepared" brochure that has much more useful information on wildfires, please give us a call at 277-4598 or e-mail us at [SJPrepared@ci.sj.ca.us](mailto:SJPrepared@ci.sj.ca.us) with your name, address, and contact information.

## CITY OF SAN JOSÉ

Office of Emergency Services  
855 North San Pedro Street #404  
San Jose, CA 95110--1718